



Health and Safety

Lone Working

Lone workers are those employees who work by themselves without close or direct supervision i.e. employees who are physically isolated from colleagues and without access to immediate assistance.

Red Rock Policy

Wherever practicable, Company employees are not to work alone in high-risk activities or areas.

Lone working is not permitted where there is a reasonably foreseeable risk that the work may result in an accident, violence or harm. A log is maintained of sites where there has been an incident involving threatening, intimidating and/or violent behaviour.

Staff are not permitted to return to a site on their own where a previous incident of threatening, intimidating and/or violent behaviour has occurred.

Where it is unavoidable, the lone worker will ensure that management is aware of their whereabouts and the nature of the work being undertaken. The lone worker will make contact with nominated personnel at pre-arranged times throughout, and on completion of, the activity. Such arrangements will be documented in a specific risk assessment or Company procedure which will be communicated to all persons potentially involved.



Toolbox Talks

Toolbox Talks are a common feature within effective site management techniques. They are a very short informal safety talk and all about sharing best practice. Toolbox Talks allow employers and workers to explore the risks of specific health and safety issues on site and think about ways to deal with them. They focus on single topics and are held regularly for greatest impact.

The Importance of Talking

Conversing with team members and site workers is extremely important. Toolbox Talks are really useful refreshers that keep employees abreast of recent changes in regulation, safety procedures, personal protection equipment (PPE) and job responsibilities. Toolbox Talks are one of the most effective methods of restoring knowledge and covering last minute safety checks for employees.

Employee's Responsibilities

Employees are responsible for:

- Following appropriate safe systems of work when conducting the activity for which risk assessments have been produced.
- Making proper use of equipment in accordance with training and instructions.
- Cooperating with the Company on health and safety matters.
- Informing Line Management about any serious danger or health and safety shortcomings.
- Taking care to ensure their activities do not put others at risk.

Message from the MD....

Finally, it seems the bad weather is behind us and spring is here at last. It's crazy to think that the warmest April day in 70 years came just a month after a snow storm!

This issue, I want to make a point of talking about the importance of driving within speed limits. Driving slowly is one of the most important things drivers can do to protect themselves and others. That means staying well within limits, slowing down to 20mph around homes, schools and shops, slowing right down for bends, brows and bad weather, and avoiding overtaking.

FACT: Drivers with one speeding violation annually are twice as likely to crash as those with none!

As you are aware, an updated tracker system has been installed into all our vehicles. This new system includes the ability to view data such as individuals driving style, speeding and fuel consumption, to name a few. Information from the system will be shared with you throughout the year.

Best wishes,

Matt

DIYSOS: The Big Build Plymouth

red rock electrical ltd were delighted to have supplied electricians Ian Canham and Ray Grunsell providing labour to the Plymouth build as part of the BBC One programme 'DIY SOS: The Big Build'.



Ray's Experience

I'd never watched the programme before being asked to take part on this project, so I wasn't sure what to expect. To be honest I wasn't looking forward to it, but I ended up having a ball! I've never known so many trades working in one room at a time and everyone got along. It was a great experience that I'll never forget.



Ian's Experience

When I was asked to support this project, I was thrilled by the prospect of working with someone I had been watching do my job on tv since I was young (Get on Billy!). I had a fantastic time working with Ray and the rest of the team on the build. I couldn't believe how hard everyone worked, presenters as well as volunteers, going above and beyond to get the job done for a very deserving family. I'm thankful and proud to have been able to be part of this project.

The Programme will air within the next 12 months. Date to be confirmed.

In other news...



Kier Construction have issued a green card to *Bryan Stapleton* who really stood out as fully embracing their safety culture. The *red rock* team working at the ESAM site in St Austell were also awarded Kier's Sub-contractor SHE Award for the Month of March.

red rock electrical ltd were proud associate match sponsors for the *Exeter Chiefs* premiership home match against Gloucester on Sunday 8th April 2018. It was an exciting game with Exeter coming out on top, winning 46 – 10



Congratulations to *Aaron Palmer* and his wife *Shaunagh* who were married at Woodbury Park on Friday 30th March 2018