

NEWSLETTER Health and Safety

Winter is coming.....

Summer has gone and the cold weather is starting to kick in, even more reason to make sure you are carrying out checks on your vehicle properly. Cold weather means breakdowns and accidents are more likely, which is particularly problematic when we rely on the vans to run our business. Follow winter health checks to help your van run smoothly through the colder months.



Gríp the road

The cold weather damages tyres, so make sure you measure your tread. 1.6mm is the minimum legal measurement, although 3mm is recommended in wintry conditions. Tyre pressure must be checked each week to ensure they're properly inflated and you don't have any punctures.

Frosty windscreens

You can expect to face rain, sleet and even snow and hail during winter driving, so keep your windscreen washer fluid topped up. Use good quality fluid and regularly check that your wiper blades are in good condition. It's also worth keeping a clean micro fibre cloth in the glove box to polish up your mirrors!

Antífreeze top-up

Without adequate antifreeze, cold temperatures can cause damage to your engine. Never replenish fluids (oil, coolant, wiper fluid) straight after you've driven your van – wait until it's cooled down.

Light the way

Longer periods of darkness are setting in and we rely upon our lights more often. With roads covered in mud and grit, your

lights are more likely to get dirty in the winter. Wipe them over before you set off each morning and check that they're working properly.

Fuel for thought

If you keep your fuel tank at least half full it will add weight to your van and help you to get more traction when the roads are icy.

Keep the charge

A flat battery is one of the most common reasons for vehicle recovery call-outs. Flat batteries are even more likely in winter, partly because you're using more energy to power your van's lights, wipers and heaters. Remember to turn off anything electrical when you get out of your van and run your van's engine a few times over the Christmas break.

Red Rock Policy

- It is a requirement of all employees who are driving company vehicles to complete and return a weekly vehicle check sheet which records daily/weekly mileage and any damage or faults that require attention.
- Before you use one of our vehicles, and on its return, you are responsible for ensuring that the oil and water levels, battery and brake fluid and tyre pressures are maintained and that the tread of all tyres conforms to the minimum legal requirements.
- If you are taking over a vehicle from another driver, you must complete a vehicle handover check sheet and report any existing damage or faults to the office immediately.
- Any maintenance or repair work, or replacement of parts, including tyres, must be reported to us so that we can organise for it to be carried out.
- When you drive one of our vehicles it is your responsibility to ensure that it is kept clean and tidy and that it is returned to us in that condition after use. Failure to adequately clean the vehicle may mean you are subject to the cost of the Valet being deducted from your pay.

Please make sure the office receives your vehicle check sheets by 9am every Monday.



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LIMITED

Message from the MD....

Sadly, we have experienced more tool thefts in the last few weeks. While we cannot stop robberies from occurring, we can endeavor to do everything possible to prevent loss of equipment.

Never leave your tools lying around on site and always use sites safes and van vaults provided.

Red Rock will help replace stolen personal tools but only when all security measures have been followed.

Four new vans will be added to our fleet shortly. The new vans will be fitted with deadlocks and bolted van vaults, security measures we are looking to add to all our vans.

Best wishes,



Dave's Cheese Straws

The Red Rock Office's Favorite Snack!



Ingredients:

400g plain flour 225g butter (Diced) 200g strong Cheddar 2 egg yolks Pinch of salt ½ teaspoon of marmite (optional) A sprinkling of caraway and/or poppy seeds. Makes about 40 straws

Method:



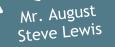
Sift flour and salt into a bowl. Rub in the diced butter until it looks like breadcrumbs. Stir in the cheese, egg yolks and optional marmite. Add a little water and mix to a firm dough. Wrap in cling film and put in fridge overnight, or longer if you prefer.

Prepare a work surface and roll out the dough to about 1/8" thick. Cut into strips. Add seeds and brush with milk. Heat oven to about 180/190C. Line baking tray with baking paper, put strips on sheet allowing room for expansion. Cook for approx. 10-15 mins or until golden brown and starting to crisp up. Leave to cool on the tray.

Eat and enjoy.



Red Rock is proudly sponsoring the Under 9s Teignmouth Rugby team for their first season of contact rugby. The team have won 3 out of their first 4 games. Amazing effort - keep it up!





New Faces

Red Rock Electrical continues to expand. Four new employees joined us in September.

Welcome to the Red Rock Team!

Chris Petersen – Electrician Martin Sleeman – Electrician Ryan Duthie – Improver Max Selley – Electrician's Mate







Dates for the Diary!

Works Xmas Party - Friday 15th December Office Closes - 4pm Wednesday 20th December

Mr. September Ian Canham

Please send any feedback/ideas regarding the newsletters to Emma: emmat@redrockelectrical.co.uk